



# SPORTSPLEX 2024 SUMMER CAMPS



**COME BE PART OF A SQUASH  
PROGRAM WITH 46  
COMBINED JUNIOR  
CHAMPIONSHIP TOUR (JCT),  
US OPEN AND US NATIONAL  
CHAMPIONS**



**SPORTSPLEX SQUASH  
CONCENTRATES ON THESE AREAS OF  
DEVELOPMENT:**

- Technique
- Strategy
- Footwork
- Ball Control
- Fitness

We have squash specific training regiments which will improve your child's squash development; whether beginner, intermediate or advanced

Sportsplex  
49 Brown House Rd  
Stamford, CT 06902

Phone: (203) 536 – 4308  
Email: kumsha1976@yahoo.com  
www.sportsplex-ct.com

## CAMP DATES

**JUNE 3<sup>RD</sup> – JUNE 7<sup>TH</sup>**  
**JUNE 10<sup>TH</sup> – JUNE 14<sup>TH</sup>**  
**JUNE 17<sup>TH</sup> – JUNE 21<sup>ST</sup>**  
**JUNE 24<sup>TH</sup> – JUNE 28<sup>TH</sup>**  
**JULY 1<sup>ST</sup> – JULY 5<sup>TH</sup>**  
**JULY 8<sup>TH</sup> – JULY 12<sup>TH</sup>**  
**JULY 15<sup>TH</sup> – JULY 19<sup>TH</sup>**  
**JULY 22<sup>ND</sup> – JULY 26<sup>TH</sup>**  
**JULY 29<sup>TH</sup> – AUG 2<sup>ND</sup>**  
**AUG 5<sup>TH</sup> – AUG 9<sup>TH</sup>**  
**AUG 12<sup>TH</sup> – AUG 16<sup>TH</sup>**  
**AUG 19<sup>TH</sup> – AUG 23<sup>RD</sup>**  
**AUG 26<sup>TH</sup> – AUG 30<sup>TH</sup>**

**SIGN UP TODAY !!!  
LOCATIONS**

**SPORTSPLEX:  
49 BROWN HOUSE RD  
STAMFORD CT 06902**

**SQUASH1:  
168 CONNECTICUT AVE  
NORWALK CT 06854**

# SPORTSPLEX

2024 SUMMER CAMPS

WWW.SPORTSPLEX-CT.COM

K-Team/Sportsplex Squash is a squash program unlike any other. Through the years, our junior athletes have reached top accolades in winning JCTs, National Championships and many other events.

In addition, we also pride ourselves in starting off beginners and intermediate level players and elevating their game to JCT level.



## REGISTRATION FORM

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Age: \_\_\_\_\_

### CAMP OPTIONS

#### PLEASE SELECT ONE

FULL DAY: \$1100

OPTION 1: 9AM – 3PM \_\_\_\_\_

OPTION 2: 11AM – 5PM \_\_\_\_\_

HALF DAY: \$575

OPTION 1: 9AM – 12PM \_\_\_\_\_

OPTION 2: 1PM – 4PM \_\_\_\_\_

(Please contact us for sibling discounts or multiple weeks discount)

#### METHOD OF PAYMENT (CHECK ONE)

\_\_\_\_ CHECK (MADE PAYABLE TO "SPORTSPLEX")

\_\_\_\_ CREDIT CARD

CC INFO: \_\_\_\_\_

CC EXP: \_\_\_\_\_

#### SIGNATURE: \_\_\_\_\_

Waiver: I agree to abide by the rules and regulations set forth by, Sportsplex/K Team & its staff. In consideration of my being permitted to participate at Sportsplex/K Team camps, I, the undersigned, hereby release & hold harmless Sportsplex/K Team staff from all claims, losses, damages or expenses because of personal or bodily injury incurred in conjunction with the above-mentioned program.

\_\_\_\_\_



### ELITE COACHING

Head Coach Kumail Mehmood leads the squash program with his team of expert coaches. Coach Kumail oversees all summer training along with his coaching staff. Our focus and specialty will be in improving each player's technique and strokes in addition to developing strategy, court movement, ball control, match play, fitness and strengthening. This will in turn maximize your child's understanding of the game.