



SPORTSPLEX

2025 SUMMER CAMPS



COME BE PART OF A SQUASH
PROGRAM WITH 47
COMBINED JUNIOR
CHAMPIONSHIP TOUR (JCT),
US OPEN AND US NATIONAL
CHAMPIONS



SPORTSPLEX SQUASH
CONCENTRATES ON THESE AREAS OF
DEVELOPMENT:

- Technique
- Strategy
- Footwork
- Ball Control
- Fitness

We have squash specific training regiments which will improve your child's squash development; whether beginner, intermediate or advanced

Sportsplex
49 Brown House Rd
Stamford, CT 06902

Phone: (203) 536 – 4308
Email: kumsha1976@yahoo.com
www.sportsplex-ct.com

CAMP DATES

JUNE 2ND – JUNE 6TH
JUNE 9TH – JUNE 13TH
JUNE 16TH – JUNE 20ST
JUNE 23RD – JUNE 27TH
JUNE 30TH – JULY 4TH
JULY 7TH – JULY 11TH
JULY 14TH – JULY 18TH
JULY 21ST – JULY 25TH
JULY 28TH – AUG 1ST
AUG 4TH – AUG 8TH
AUG 11TH – AUG 15TH
AUG 18TH – AUG 22ND
AUG 25TH – AUG 29TH

SIGN UP TODAY !!!
LOCATION

SPORTSPLEX:
49 BROWN HOUSE RD
STAMFORD CT 06902

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WWW.SPORTSPLEX-CT.COM

K-Team/Sportsplex Squash is a squash program unlike any other. Through the years, our junior athletes have reached top accolades in winning JCTs, National Championships and many other events.

In addition, we also pride ourselves in starting off beginners and intermediate level players and elevating their game to JCT level.



REGISTRATION FORM

Name: _____

Address: _____

Phone: _____

Email: _____

Age: _____

CAMP OPTIONS

PLEASE SELECT ONE

FULL DAY: \$1100

OPTION 1: 9AM – 3PM _____

HALF DAY: \$575

OPTION 1: 9AM – 12PM _____

OPTION 2: 1PM – 4PM _____

(Please contact us for sibling discounts or multiple weeks discount)

METHOD OF PAYMENT (CHECK ONE)

____ CHECK (MADE PAYABLE TO "SPORTSPLEX")

____ CREDIT CARD

CC INFO: _____

CC EXP: _____

SIGNATURE: _____

Waiver: I agree to abide by the rules and regulations set forth by, Sportsplex/K Team & its staff. In consideration of my being permitted to participate at Sportsplex/K Team camps, I, the undersigned, hereby release & hold harmless Sportsplex/K Team staff from all claims, losses, damages or expenses because of personal or bodily injury incurred in conjunction with the above-mentioned program.



ELITE COACHING

Head Coach Kumail Mehmood leads the squash program with his team of expert coaches. Coach Kumail oversees all summer training along with his coaching staff. Our focus and specialty will be in improving each player's technique and strokes in addition to developing strategy, court movement, ball control, match play, fitness and strengthening. This will in turn maximize your child's understanding of the game.

