



# SPORTSPLEX

## 2026 SUMMER CAMPS



COME BE PART OF A SQUASH PROGRAM WITH 47 COMBINED JUNIOR CHAMPIONSHIP TOUR (JCT), US OPEN AND US NATIONAL CHAMPIONS



SPORTSPLEX SQUASH CONCENTRATES ON THESE AREAS OF DEVELOPMENT:

- Technique
- Strategy
- Footwork
- Ball Control
- Fitness

We have squash specific training regiments which will improve your child's squash development; whether beginner, intermediate or advanced

Sportsplex  
49 Brown House Rd  
Stamford, CT 06902

Phone: (203) 536 – 4308  
Email: kumsha1976@yahoo.com  
www.sportsplex-ct.com

## CAMP DATES

JUNE 1<sup>ST</sup> – JUNE 5<sup>TH</sup>  
JUNE 8<sup>TH</sup> – JUNE 12<sup>TH</sup>  
JUNE 15<sup>TH</sup> – JUNE 19<sup>TH</sup>  
JUNE 22<sup>ND</sup> – JUNE 26<sup>TH</sup>  
JUNE 29<sup>TH</sup> – JULY 3<sup>RD</sup>  
JULY 6<sup>TH</sup> – JULY 10<sup>TH</sup>  
JULY 13<sup>TH</sup> – JULY 17<sup>TH</sup>  
JULY 20<sup>TH</sup> – JULY 24<sup>TH</sup>  
JULY 27<sup>TH</sup> – JULY 31<sup>ST</sup>  
AUG 3<sup>RD</sup> – AUG 7<sup>TH</sup>  
AUG 10<sup>TH</sup> – AUG 14<sup>TH</sup>  
AUG 17<sup>TH</sup> – AUG 21<sup>ST</sup>  
AUG 24<sup>TH</sup> – AUG 28<sup>TH</sup>

SIGN UP TODAY !!!

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STAMFORD CT 06902

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WWW.SPORTSPLEX-CT.COM

K-Team/Sportsplex Squash is a squash program unlike any other. Through the years, our junior athletes have reached top accolades in winning JCTs, National Championships and many other events.

In addition, we also pride ourselves in starting off beginners and intermediate level players and elevating their game to JCT level.



## REGISTRATION FORM

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Age: \_\_\_\_\_

### CAMP OPTIONS

#### PLEASE SELECT ONE

FULL DAY: \$1150

OPTION 1: 9AM – 3PM \_\_\_\_\_

HALF DAY: \$600

OPTION 1: 9AM – 12PM \_\_\_\_\_

OPTION 2: 1PM – 4PM \_\_\_\_\_

(Please contact us for sibling discounts or multiple weeks discount)

#### METHOD OF PAYMENT (CHECK ONE)

\_\_\_\_ CHECK (MADE PAYABLE TO "SPORTSPLEX")

\_\_\_\_ CREDIT CARD

CC INFO: \_\_\_\_\_

CC EXP: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

Waiver: I agree to abide by the rules and regulations set forth by, Sportsplex/K Team & its staff. In consideration of my being permitted to participate at Sportsplex/K Team camps, I, the undersigned, hereby release & hold harmless Sportsplex/K Team staff from all claims, losses, damages or expenses because of personal or bodily injury incurred in conjunction with the above-mentioned program.

\_\_\_\_\_



### ELITE COACHING

Head Coach Kumail Mehmood leads the squash program with his team of expert coaches. Coach Kumail oversees all summer training along with his coaching staff. Our focus and specialty will be in improving each player's technique and strokes in addition to developing strategy, court movement, ball control, match play, fitness and strengthening. This will in turn maximize your child's understanding of the game.